

Afternoon workshop in Lisbon
SYSTEMIC CONSTELLATIONS

Dr Panayiotis Vyras
Psychiatrist – Family Therapist (EFTA/EFPP)
Athens Synthesis Centre, Greece.

A psychotherapy method offering insight and solutions to a variety of problems. Issues related to the history of a family, or other systems, are processed in order to gain understanding and well being. It's impossible to undo our past, but we can release its impact. Areas to be explored: **Relations, Health, Work, Finances, Life Purpose.**

For a small group (max. 15 persons) providing the opportunity to examine a specific system in depth. Participants may do two things: Investigate their own system and be active observers for others, in 4 sessions of approximately 45 minutes each. It's a learning experience, addressed to: Individuals or couples, educators, health workers, parents and anyone interested in community involvement.

Place

Lisbon

Date

Saturday 9 December 2017 Time: 14:00-18:00

Program

14:00-14:30 intro 14:30-16:00 sessions 1-2
16:00-16:30 break 16:30-18:00 sessions 3-4

Credit

4 hours of supervision in group therapy

Cost

Free

Registration

www.familysystem.eu

Facilitator: Dr P. Vyras, medical practitioner-psychiatrist and psychotherapist (ECP-EAP). He is systemic trainer (EFTA) and certified for applied psychosynthesis (EFPP). Associated with the "Psychiatric Hospital of Attica" and "Athens Synthesis Centre" in Greece, with over 25 years of experience in group processes and trainings, worldwide.

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