

Morning workshop, in Budapest.
SYSTEMIC CONSTELLATIONS

Dr Panayiotis Vyras
Psychiatrist – Family Therapist (EFTA/EFPP)
Athens Synthesis Centre, Greece.

A psychotherapy method offering insight and solutions to a variety of problems. Issues related to the history of a family or other systems are processed in order to gain understanding and well being.

Areas to be explored: ***Relations, Health, Work, Finances, Life Purpose.***

For a small group (max 15 persons) providing the opportunity to examine a specific system in depth. Participants may do two things: Investigate their own system and be active observers for others, in 4 sessions of approximately 45 minutes each. It's a healing experience, addressed to: Educators, mental health workers, couples, parents, psychology students and anyone involved with community services.

Place

Budapest

Date

Saturday 31 March 2018 Time: 10:00-14:00

Program

10:00-10:30 intro 10:30-12:00 sessions 1-2
12:00-12:30 break 12:30-14:00 sessions 3-4

Credit

4 hours of supervision in group therapy

Cost

Free. Donations welcome, for room rental.

Registration

www.familysystem.eu

Facilitator: Dr P. Vyras, medical practitioner-psychiatrist and psychotherapist (ECP-EAP). He is systemic trainer (EFTA) and certified for applied psychosynthesis (EFPP). Associated with the “Psychiatric Hospital of Attica” and “Athens Synthesis Centre” in Greece, he has over 25 years of experience in group processes and trainings worldwide.

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