

Morning workshop, in Berlin.  
**SYSTEMIC REPRESENTATIONS**

**Dr Panayiotis Vyras**  
**Psychiatrist – Family Therapist**  
**(EAP/EFTA)**

A psychotherapy method offering insight and solutions to a variety of problems. Issues related to the history of a family, or other systems, are processed in order to gain understanding and well being. Impossible to undo our past, but we can release its impact! Areas to be explored: **Relations, Health, Work, Finances, Life Purpose.**

For a small group (max. 15 persons) providing the opportunity to examine a specific system in depth. Participants may do two things: Investigate their own system and be active observers for others, in 4 sessions of approximately 45 minutes each. It's a learning experience, addressed to: Individuals or couples, parents, educators, health workers and anyone interested in community involvement.

**Place**

a&o Hostel, Köpenicker Str. 127-129 (U Heinrich-Heine Str.)

**Date**

Sunday 28 April 2024 Time: 10:00 - 14:00

**Program**

10:00 - 10:30 intro 10:30 - 12:00 sessions 1-2  
12:00 - 12:30 break 12:30 - 14:00 sessions 3-4

**Credit**

4 hours of supervision in group therapy

**Cost**

Free! Donations welcome, to cover room rental.

**Registration**

[www.familysystem.eu](http://www.familysystem.eu)

Facilitator: Dr P. Vyras, medical doctor - psychiatrist and psychotherapist (ECP-EAP). He is systemic trainer (EFTA) associated with the "Psychiatric Hospital of Attica" in Greece, with over 30 years of experience in group processes and trainings, worldwide.

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