

Afternoon workshop, in Warsaw.
SYSTEMIC CONSTELLATIONS

Dr Panayiotis Vyras
Psychiatrist – Family Therapist (EFTA/EFPP)
Athens Synthesis Centre, Greece.

A therapeutic method offering insight and solutions to a variety of problems. Issues related to the history of a family or other systems are processed in order to gain understanding and well being.

Areas to be explored: **Relations, Health, Work, Finances, Life Purpose.**

For small groups (10-15 persons) providing the opportunity to examine a specific system in depth. Participants may do two things: Investigate their own system and be active observers for others, in 4 sessions of approximately 45 minutes each. It's a healing experience, addressed to: Educators, mental health workers or users, parents, psychology students and other associates in community services.

Place

Instytut Filozofii PAN, Nowy Swiat 72 room 242

Date

Saturday 31 October 2015 Time: 14:00-18:00

Program

14:00-14:30 intro 14:30-16:00 sessions 1-2
16:00-16:30 break 16:30-18:00 sessions 3-4

Credit

4 hours of supervision in group therapy

Cost

Free

Registration

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Facilitator: Dr P. Vyras, medical practitioner-psychiatrist and psychotherapist (ECP-EAP). He is systemic trainer (EFTA) and certified for applied psychosynthesis therapy (EFPP). Associated with the “Hellenic Centre for Mental Health” and “Athens Synthesis Centre” in Greece, with over 25 years of experience in group processes and trainings, worldwide.

Details/Participation: www.familysystem.eu