

Afternoon Workshop  
**SYSTEMIC FAMILY CONSTELLATIONS**

**Dr Panayiotis Vyras**  
*Psychiatrist-Psychotherapist (EFTA-EFPP)*  
*Athens Synthesis Centre, Greece.*

A therapeutic method offering insight and solutions to a variety of problems. Issues related to family history are investigated and processed for the purpose of achieving understanding and well being. Areas to be explored: **Relations, Work, Finances, Health.**

For a small group (10-25 persons) providing an opportunity to examine family or other systems in depth. Participants may do both, work on their own system and be active observers for others in 4 sessions of approximately 45 minutes each. It's a healing experience, addressed to: Educators, mental health workers or users, parents, psychology students and other associates in community services.

**Place**

The Park, Findhorn.

**Date**

Friday, 17 October 2014 Time: 13:30-17:30

**Program**

13:30-14:00 intro 14:00-15:30 sessions 1-2  
15:30-16:00 break 16:00-17:30 sessions 3-4

**Credit**

4 hours of group therapy in counselling training

**Cost**

Free. Donations welcome, to cover rent for room.

**Info**

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Dr P. Vyras is a psychiatrist and certified psychotherapist (ECP-EAP). He is systemic trainer (EFTA) and supervisor in Psychosynthesis therapy (EFPP) at the Athens Synthesis Centre, Greece. With over 25 years of experience in group process and trainings, worldwide.

[www.psychosynthesis.net/european-directory](http://www.psychosynthesis.net/european-directory)

[www.greekta.gr/erasmus.htm](http://www.greekta.gr/erasmus.htm)

[www.linkedin.com/pub/panayiotis-vyras/30/338/837](http://www.linkedin.com/pub/panayiotis-vyras/30/338/837)