

Afternoon workshop, in Dublin.  
**SYSTEMIC REPRESENTATIONS**

**Dr Panayiotis Vyras**  
*Psychiatrist – Family Therapist (EAP/EFTA/EFPP)*

A psychotherapy method offering insight and solutions to a variety of problems. Issues related to the history of a family, or other systems, are processed in order to gain understanding and well being. Impossible to undo our past, but we can release its impact! Areas to be explored: ***Relations, Health, Work, Finances, Life Purpose.***

For a small group (max. 15 persons) providing the opportunity to examine a specific system in depth. Participants may do two things: Investigate their own system and be active observers for others, in 4 sessions of approximately 45 minutes each. It's a learning experience, addressed to: Individuals or couples, parents, educators, health workers and anyone interested in community involvement.

**Place** **Leeson Inn Downtown, 24 Lower Leeson Str. D2 Dublin**

**Date** Sunday, 1<sup>st</sup> December 2019 Time: 3 – 7 pm.

**Program** 3 – 3.30 intro 3.30 – 5 sessions 1-2  
5 – 5.30 break 5.30 – 7 sessions 3-4

**Credit** 4 hours of supervision in group therapy

**Cost** Free!

**Registration** [www.familysystem.eu](http://www.familysystem.eu)

Facilitator: Dr P. Vyras, medical practitioner-psychiatrist and psychotherapist (ECP-EAP). He is systemic trainer (EFTA) and certified for applied psychosynthesis (EFPP). Associated with the “Psychiatric Hospital of Attica” in Greece, with over 25 years of experience in group processes and trainings, worldwide.

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